



ECHO Autism: Family Advocates

The Unknown Zone

Alicia Brewer Curran
Director of Strategic Initiatives
ECHO Autism Communities


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The Unknown Zone

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2 Day Notice



ECHO **Autism**: Family Advocates

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Surprise!




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ECHO **Autism**: Family Advocates

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Alicia likes to know things...

Alicia likes to be in control...

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**A chronic sense
of helplessness...**



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**One good piece
of advice...**



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I made a choice...



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Not alone...

- Decreased parenting efficacy
- Increased parenting stress and mental and physical health problems
- Poorer psychological well-being and life satisfaction
- Greater prevalence of depression
- Chronic stress
- Less marital relationship satisfaction
- Greater general life stress and daily hassles



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ECHO is a Force Multiplier for Healthcare, Education, & Civics



Content Experts/Specialists

Community Professionals

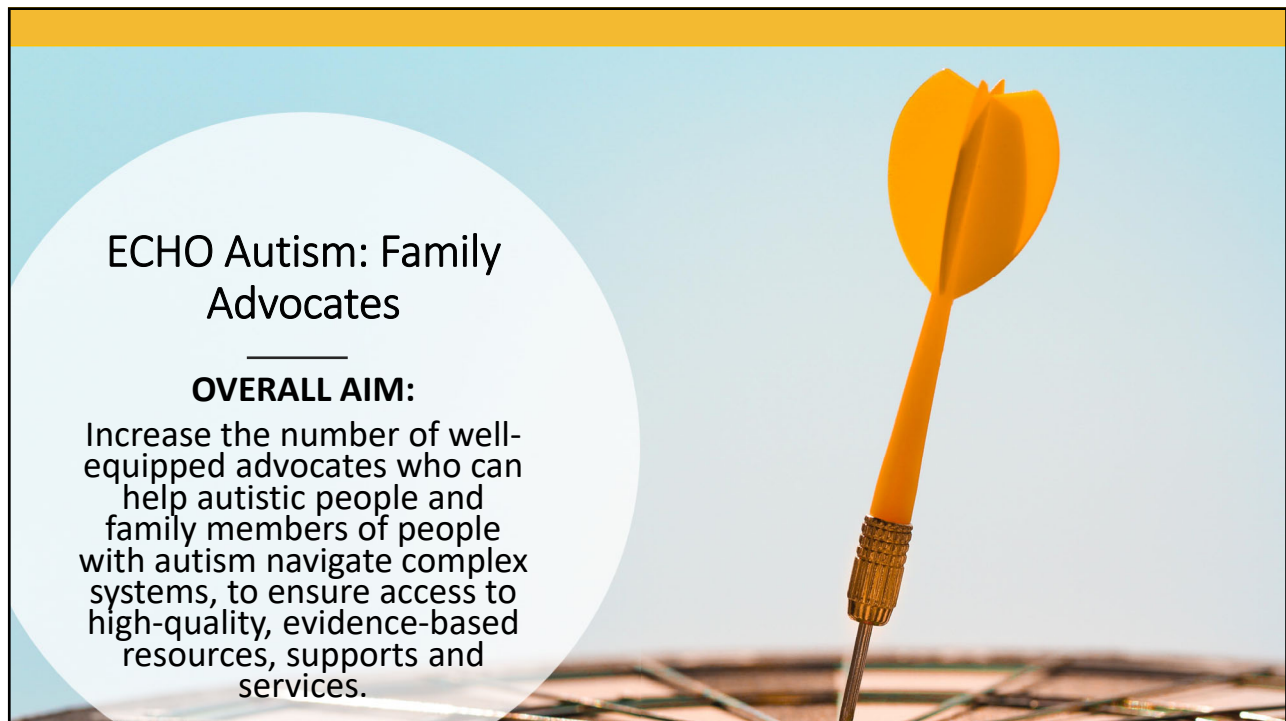
Community Members

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Program Lead



Advocacy



Medical



Community



LifeCourse



ADA/Employment



Education

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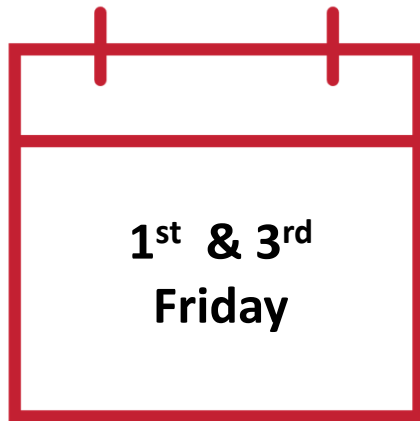
Families are unique & have much to offer...



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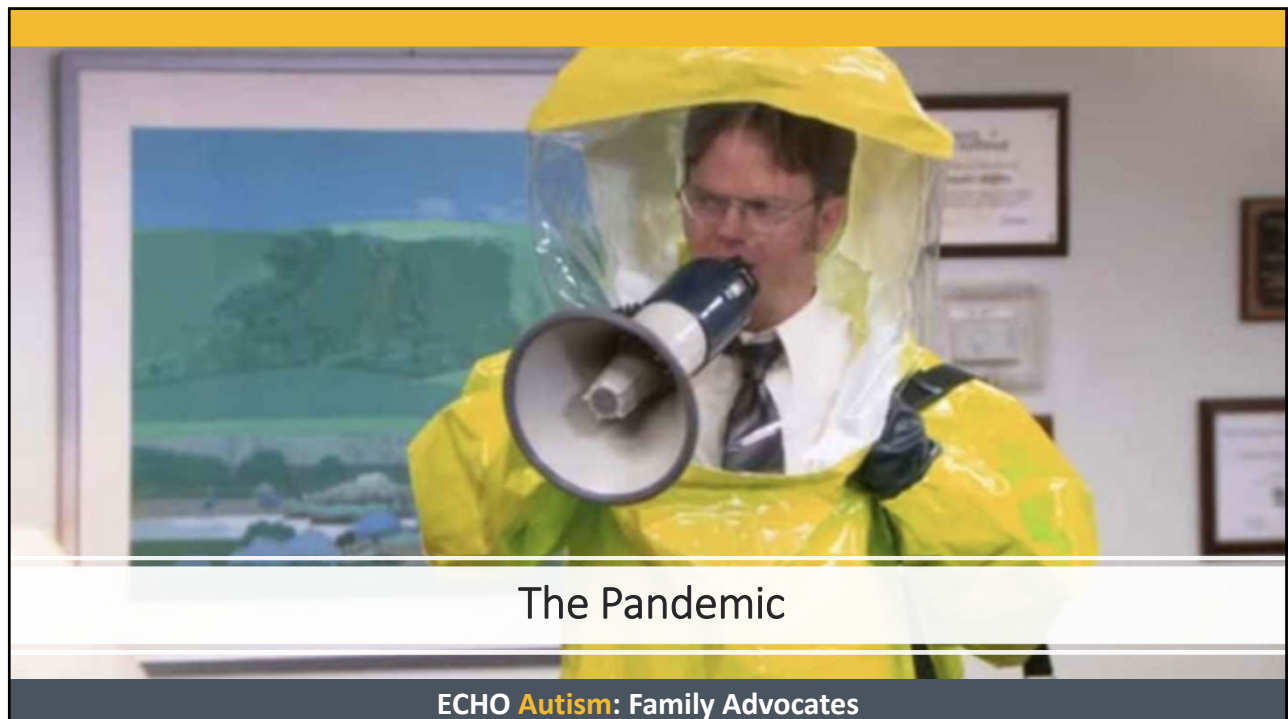
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Frequency



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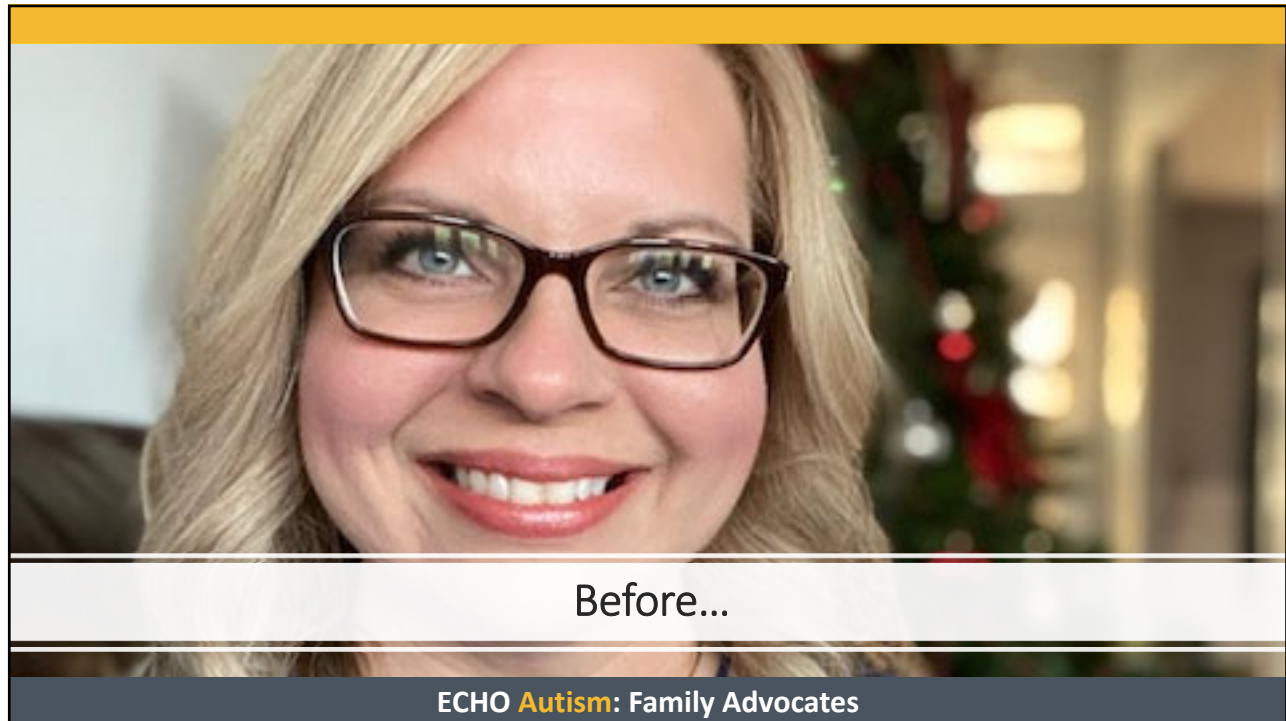
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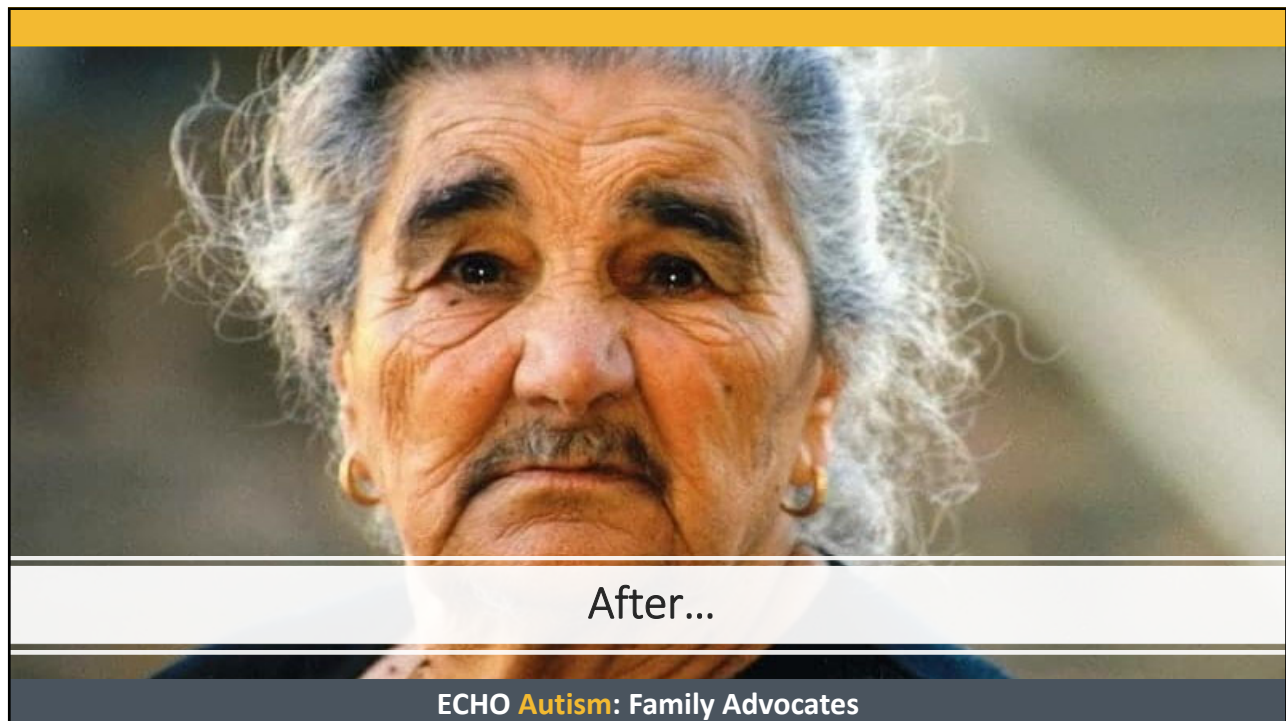
The Pandemic

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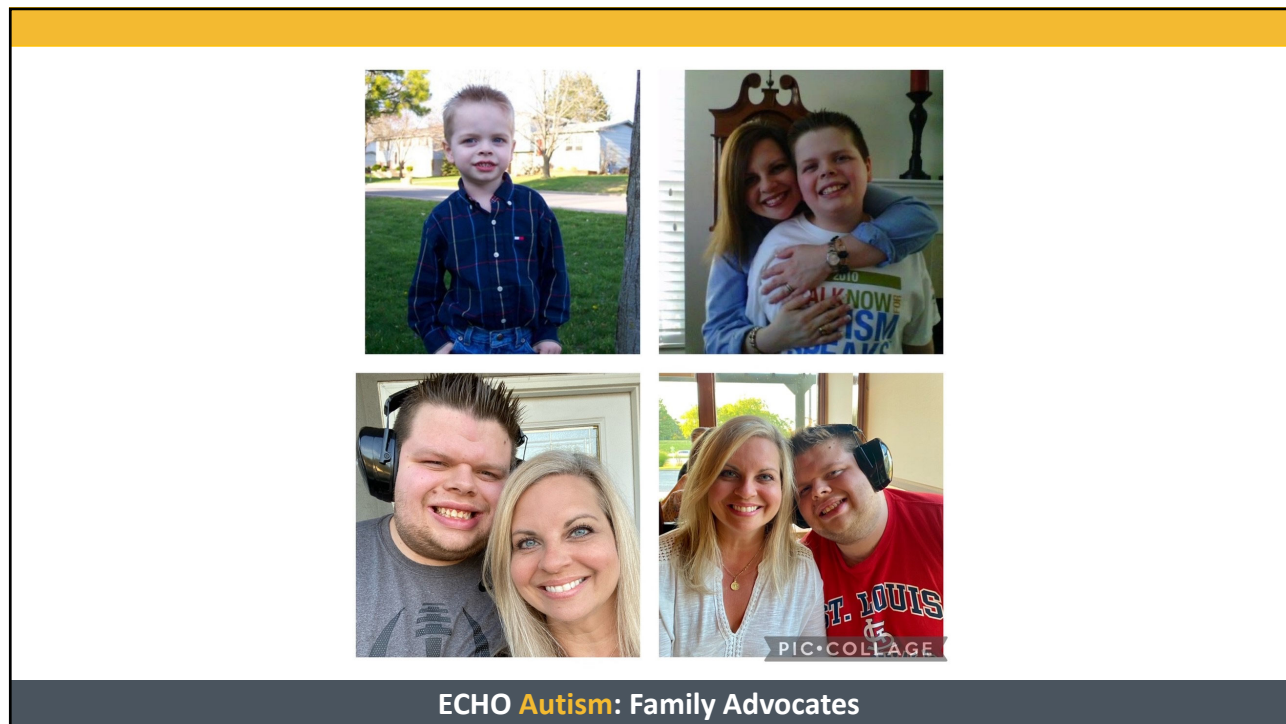
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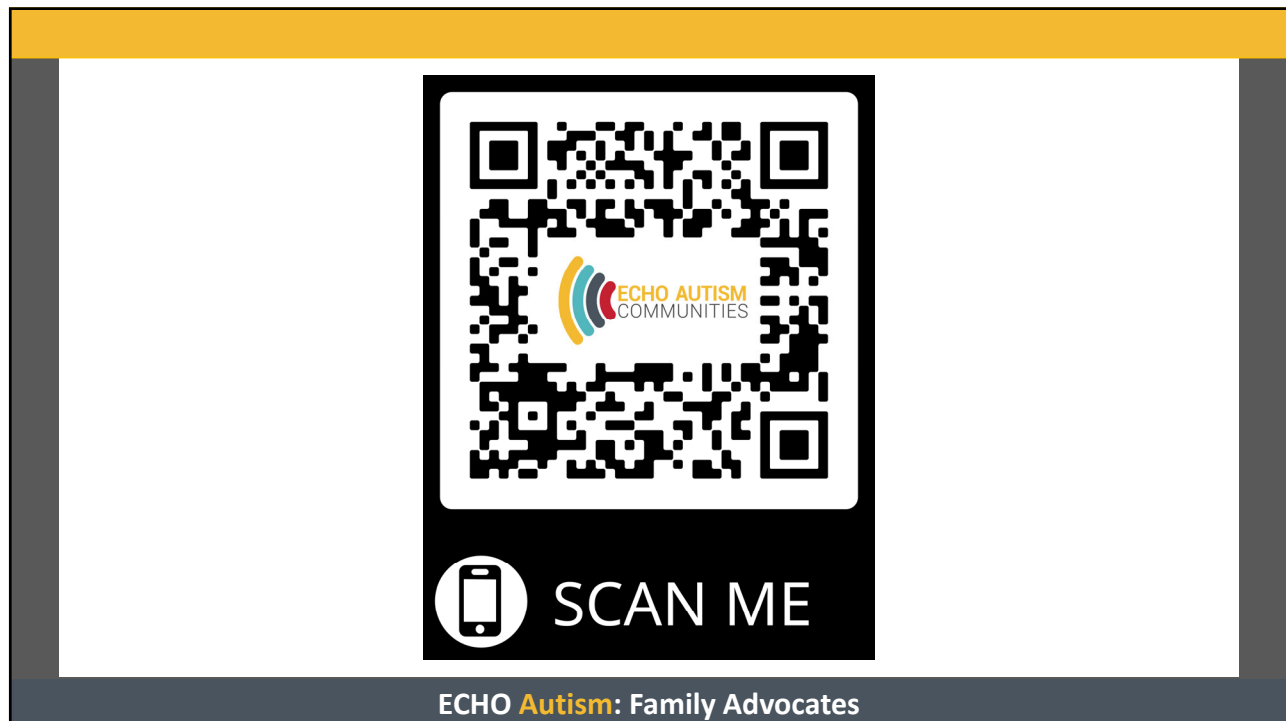
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